

!!!! PLEASE READ !!!!

Assisting Guests with Food Allergies - Instructions for Summer Conferences

This summer we are piloting a new program where we will be offering a food allergy station at each dining hall with menu items free of top 9 allergens (egg, fish, milk, peanuts, sesame, shellfish, soy, tree nuts, and wheat) for summer guests with food allergies. Allergy-friendly options will be available at breakfast, lunch, and dinner, and a menu of these allergy-friendly offerings can be found on the back of this sheet.

To gain access to these allergy-friendly foods, the guest must have a **PURPLE STICKER** on their meal card. Each conference needs to pick up purple stickers from the dining hall prior to the start of the conference (when you pick up your guest meal tickets and/or commuter cards). Purple stickers should only be given to guests with food allergies (not dietary preferences like vegan or vegetarian). If you have questions, please contact nutritionist@stanford.edu.

Steps for Accommodating Conference Guests with Food Allergies

1. Summer Conference guests should have submitted a Special Diet Request Form to the conference administrator and nutritionist@stanford.edu to identify any food allergies. **Be sure** to identify these individuals when they check in.
2. When a guest with food allergies checks in, **be sure** to place a **PURPLE STICKER** on the back of the meal card in the location indicated in the picture below (do not cover the bar code):
3. The purple stickers grant guests access to our Food Allergy Station. **Be sure** to assist conference guests with locating the allergy-friendly meal station at their 1st meal. The Food Allergy Station is designated by a purple sign that reads "Food Allergies @Stanford" (see image below):
4. The guest should ask a dining team member at the Food Allergy Station for an allergy-friendly meal and show the staff their purple sticker.
5. If you or your guests have any questions related to food allergies, please direct them to a manager on duty.



The Food Allergy Station is reserved for summer guests with food allergies

Disclaimer: While we take many precautions to correctly identify ingredients and prevent cross-contact, we do not guarantee the absence of potential food allergens in our food or facilities. It is, therefore, ultimately the responsibility of the guest to judge whether or not to question ingredients or consume food items.

IN THE CASE OF A SEVERE ALLERGIC REACTION, FOLLOW THE STEPS BELOW:

1. Ask the person if they have their medication (an **EpiPen**)
2. Have them administer it if possible or assist them with self-administration
3. **Call 911** (notify them to bring an EpiPen if the person does not have their own)
4. Have the person sit down or stay on the floor if they have collapsed: do NOT stand them up, do NOT leave them until help or EMS arrive
5. After guest has received medical attention, **report** incident to nutritionist@stanford.edu

SUMMER FOOD ALLERGIES STATION: 1-WEEK CYCLE MENU

*All menu items are **Gluten Free (GF)** and free of the following allergens: **egg, fish, milk, peanuts, sesame, shellfish, soy, tree nuts, wheat**

BREAKFAST						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk	Imagine It! Muffins Cereal Rice Milk
LUNCH						
Grilled "Cheese" Allergy-Friendly bread, cheddar style Daiya	Sunbutter & Jelly Sandwich Allergy-Friendly bread, sunflower seed butter, raspberry jam	Tacos corn tortilla shredded style Daiya black beans salsa	Ian's Gluten Free Chicken Nuggets	Daiya's "Cheese" Pizza	Quesadilla brown rice tortilla shredded style Daiya	Brown Rice Pasta & Marinara
DINNER						
Daiya's "Cheese" Pizza	Brown Rice Pasta & Marinara	Quesadilla brown rice tortilla shredded style Daiya	Grilled "Cheese" Allergy-Friendly y bread, cheddar style Daiya	Tacos corn tortilla shredded style Daiya black beans salsa	Ian's Gluten Free Chicken Nuggets	Sunbutter & Jelly Sandwich Allergy-Friendly bread, sunflower seed butter, raspberry jam

ALSO AVAILABLE UPON REQUEST @ THE GRILL: Hamburger Patty, Grilled Chicken